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9591339900

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9538086111

**Vice President:**  
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9449082908

**Secretary:**  
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9845233972

**Joint Secretary:**  
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9880066488

**Treasurer:**  
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9353231671

**Director: Club Service II:**  
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9880622952

**Director: Vocational Service :**  
Rtn. Dr. Prakash K. E.  
9448123071

**Director: Community Service :**  
Rtn. Dr. Shivaprasad  
9343561455

**Director: International Service**  
Rtn. Vishwanath Shetty M  
7829471641

**Director: Youth Service :**  
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9844736531

**Sergeant At Arms:**  
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9844005122

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9880066488

**Bulletin Editor :**  
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9449830899

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ನಮ್ಮ ಇಂದಿನ ಮುಖ್ಯ ಅತಿಥಿಗಳಾದ

**ಶ್ರೀ ಪಿ. ಬಿ. ಹರಿಶ್ ರೈ**

ಅಧ್ಯಕ್ಷರು, ಪ್ರೆಸ್‌ಕ್ಲಬ್ ಮಂಗಳೂರು

ಇವರಿಗೆ ಹಾರ್ಡಿಕ್ ಸ್ವಾಗತ.



- ಪತ್ರಿಕೋದ್ಯಮದಲ್ಲಿ 3 ದಶಕದ ಅನುಭವ.
- ಕಳೆದ 14 ವರ್ಷದಿಂದ ವಿಜಯವಾಣಿ ಪತ್ರಿಕೆಯ ಮುಖ್ಯವರದಿಗಾರ.
- ಹೊಸದಿಗಂತ, ಉಷಾಕಿರಣ, ಉದಯವಾಣಿ, ವಿಜಯ ಕರ್ನಾಟಕ ಪತ್ರಿಕೆಗಳ ವರದಿಗಾರ/ ಉಪನಂಪಾದಕನಾಗಿ ಕಾರ್ಯನಿರ್ವಹಣೆ.
- ಪ್ರಸ್ತುತ ಮಂಗಳೂರು ಪ್ರೆಸ್‌ಕ್ಲಬ್ ಅಧ್ಯಕ್ಷ, ಭಾರತೀಯ ಕಾರ್ಯನಿರತ ಪತ್ರಕರ್ತರ ಸಂಘದ ರಾಷ್ಟ್ರೀಯ ಮಂಡಳಿ ಸದಸ್ಯ, ಇಂಡಿಯನ್ ರೆಡ್ ಕ್ರಾಸ್ ಸೊಸೈಟಿ, ದ. ಕ. ಜಿಲ್ಲಾ ಘಟಕದ ಅಡಳಿತ ಮಂಡಳಿ ನಿರ್ದೇಶಕ, ಅಖಿಲ ಭಾರತೀಯ ಸಾಹಿತ್ಯ ಪರಿಷತ್ ದ.ಕ. ಜಿಲ್ಲಾ ಘಟಕದ ಮಾಜಿ ಅಧ್ಯಕ್ಷ.
- ದ.ಕ. ಜಿಲ್ಲಾ ಕಾರ್ಯ ನಿರತ ಪತ್ರಕರ್ತರ ಸಂಘದ ಮಾಜಿ ಅಧ್ಯಕ್ಷ
- ಕರ್ನಾಟಕ ಮಾಧ್ಯಮ ಅಕಾಡೆಮಿ ಪ್ರಶಸ್ತಿ, ಕೆ. ಯು. ಡಬ್ಲ್ಯು. ಜಿ. ವಾರ್ಷಿಕ ಪ್ರಶಸ್ತಿ, ದ.ಕ. ಜಿಲ್ಲಾಮಟ್ಟದ ರಾಜ್ಯೋತ್ಸವ ಪ್ರಶಸ್ತಿ, ಗಡಿನಾಡು ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ ಪ್ರಶಸ್ತಿ ಸಹಿತ 50ಕ್ಕೂ ಅಧಿಕ ಸಮಾರಂಭಗಳಲ್ಲಿ ಪ್ರಶಸ್ತಿ, ಸನ್ಮಾನ ಸ್ವೀಕಾರ .
- 3 ಸಾವಿರಕ್ಕೂ ಅಧಿಕ ವಿಶೇಷ ವರದಿಗಳು, ಲೇಖನಗಳು ಪತ್ರಿಕೆಗಳಲ್ಲಿ ಪ್ರಕಟವಾಗಿವೆ
- ಖ್ಯಾತನಾಮರಾದ ರೋಹಿತಾಶರ್ಮಾ, ಸಜಿನ್ ತಡೋಲ್ಕರ್, ರವಿಶಾಸ್ತ್ರಿ, ಉತ್ತರಪ್ರದೇಶದ ಮುಖ್ಯಮಂತ್ರಿ ಯೋಗಿ ಅದಿತ್ಯನಾಥ್, ಮಹಾರಾಷ್ಟ್ರದ ಮಾಜಿ ಮುಖ್ಯಮಂತ್ರಿ ಏಕನಾಥ್‌ಶಿಂದೆ ಸಹಿತ ಹಲವು ರಾಷ್ಟ್ರೀಯ ನಾಯಕರನ್ನು ಹಾಗೂ ಬಾಲಿವುಡ್, ಕನ್ನಡ ಚಿತ್ರರಂಗದ ಹಲವು ನಟನೆಯರ ಸಂದರ್ಶನ.

ಲೇಖನ :

- ರಾಜನೋಟ, ಸಹಕಾರಿ ವಿಲರ ಮತ್ತು ಮತವೆಣ್ಣಿಗೆ ಪ್ರಕಟಿತ ಕೃತಿಗಳು
- ಶಾಲಾ, ಕಾಲೇಜು ಹಾಗೂ ಯುವಸಂಘಟನೆಗಳ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಯಾಗಿ, ಟಿ. ವಿ. ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ರಾಜಕೀಯ ವಿಶ್ಲೇಷಕನಾಗಿ ಭಾಗವಹಿಸುವಿಕೆ

PROGRAMME 26.05.2026 AT 07.00 PM

ಮುಖ್ಯ ಅತಿಥಿ : ಶ್ರೀ ಪಿ. ಬಿ. ಹರಿಶ್ ರೈ

ವಿಷಯ : ಮಾಧ್ಯಮ ಮತ್ತು ಸಮಾಜ

Ann & Annets invited

Dinner meeting

Next meeting 02. 06. 2026 AT 07.00 PM

**Speaker meeting**

Ann & Annets invited

## PROCEEDINGS OF THE ROTARY CLUB WEEKLY MEETING : 19 May 2026

### Topic : Urological Health and Cancer Awareness

**Welcome Address** : Rtn. Mohan Nair presided over the meeting in the absence of President Rtn. Dr. M. S. Arun Kumar Shetty. He welcomed the chief guest and speaker, Dr. NarendraPai, Associate Professor, Nitte Medical College and Consultant Urologist, along with invited guests, Rotarians, Anns, and Annettes. He emphasized the importance of awareness of urological health and encouraged members to share this knowledge for early detection and timely treatment.

**Presentation Summary** : Dr. NarendraPai spoke on "Urological Health and Cancer Awareness." He explained that urological health covers the urinary system in both men and women, and the male reproductive system. He highlighted the importance of early detection of cancers such as prostate, bladder, kidney, and testicular cancers, as early diagnosis significantly improves outcomes.

Key points included: Prostate cancer is common and can be detected using PSA tests; bladder cancer often presents as blood in urine; kidney cancer is often detected incidentally; and testicular cancer is more common in younger men. Regular self-examination and awareness are essential. Warning signs include blood in urine or semen, painful urination, difficulty in passing urine, frequent urination, persistent pain in the lower back or pelvis, and unusual lumps or swelling. "

Preventive measures include maintaining a healthy lifestyle, balanced diet, adequate hydration, and avoiding tobacco. Members were encouraged to refer to reliable resources such as the Urology Care Foundation for further information.

**Thanks giving** : PDG K. Krishna Shetty acknowledged and announced the names of Rotarians who contributed to the TRF fund in May. He also informed members about the completion of the trust deed and upcoming registration, and that five senior members with over 10 years of service will be nominated as trustees.

Rtn. MD Dr. Shivaprasad K. thanked members for unanimously nominating him as a candidate for DG (2028-29). He also thanked Rtn. VishwanathShetty, Rtn. J. V. Shetty, and Rtn. Ganesh Hegde for accompanying him to Mysore for filing the nomination.

**Announcements** : Members were encouraged to support the TRF Challenge to help the club achieve the Platinum Award. The Rotary Anubandha Award is scheduled on 20 and 21 June at Mysore Union, Mysore. Registration fee: Rs. 1700.

**Member Achievements** : Rtn. Lohidas was the chief guest at University College, Mangalore on 13 May 2026. Rtn. Subraya Prabhu was honored for his service in social, cultural and educational fields. Rtn. Lohidas contributed Rs. 50,000 collected through the alumni association to the midday meal project. He was also honored by Bandhugala Koota for his contributions.

**Guests** : Dr. Anusha Narendra Pai, ENT Specialist; Mr. Ganapathi S. Nayak; Mrs. Sharadha G. Nayak; Mr. Gurudatt Pai, Retd. Senior Manager, Canara Bank; Mr. Siddharth.

**Greetings** : Warm greetings were extended to all members and families celebrating birthdays and anniversaries during the week.

**Invocation**: Ann Shubha Kini | **Introduction of Chief Guest**: Rtn. M. K. Subraya Prabhu |

**Vote of Thanks**: Rtn. Shambavi Prabhu

The meeting concluded with the National Anthem followed by fellowship and a potluck dinner.

**Prof. Dr Shivaprasad K** MD (Hom)

**Prof. Dr Jyoshna S** MD (Hom)

Consultant Homoeopaths

email : shivaprasadk.sk@gmail.com

info@doctorshivaprasad.com

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Phone : 93435 61455, 93422 31894

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ARE YOU READY FOR

# ANNUAL FUND CHALLENGE?

For contributions made to Annual Fund till 30 June 2026

## ELIGIBILITY CRITERIA

	PLATINUM	GOLD
District	At least 75% clubs contribute a minimum of \$1,000 each towards Annual Fund	At least 50% clubs contribute a minimum of \$1000 each towards Annual Fund
Club	At least 75% members contribute a minimum of \$75 each towards Annual Fund	At least 50% members contribute a minimum of \$75 each towards Annual Fund

## PHS CHAMPIONSHIP AWARD (for districts only)

Criteria:

Minimum 20 new PHS members and overall PHS eligibility of 80% (percentage of PHS members fulfilling their commitment)

In case of any queries, please reach out to your Zone BRFC or Annual Giving Team at RISAO on (91-11) 42250149/189

"Our club reached the Platinum Annual Fund Challenge, with 85% of members reaching above USD75 towards the Annual Fund."

Thank you all for making it happen in record time.  
Our club is the only club in the district as of now to reach this challenge.

Our Rotarians who have Contributed to TRF-Annual Fund above USD 75 up to USD 1112 during the current year 2025-26.

Dr Shivaprasad, Dr C V Raghuvveer, Sudarshan Nayak, Sajith K, Hameed Pallakudi, Ganesh Hegde, GopalKrishnaUdupa, Dr Alwyn D'Sa, Dinesh Kumar A B, Hemnanth Shetty, Jayasheel Chowta, Dr K E Prakash, Viswanah Shetty, Walter D'Cunha, Dr Satishkumar Shetty P, Dr Sukeshe Rao, Dr Prabha Adhikari, Ganesh K Bhat, J V Shetty, Mohan Nair, Jayaverma Hegde, Dinesh Kamath, Dr Sudarshan Mundkooor, Lawrence Pinto, Shambhavi Prabhu, Ajith Rao, T G Shenoy, PDG Krishna Shetty, Dr Arunkumar Shetty

Our Rotarians contributing Rs. 2000 and above each during May 2026 to reach the club Platinum Annual fund Challenge Bharathi Rao, Neetha Rai, R M Gogeri, Subraya Prabhu, Dr Jyoshna Shivaprasad, Mohan Attavar, Suraj Kotian, Dr Prakash Shetty. Ramananda Pai, Raghuvveer Nayak, Vijaya S Rao, Divya Sohan Rai, Suresh Kini, Krishnaprasad Rai, Bharath Kumar Kateel, Kanchana Devi, Vasanthi Kamath, Rajesh Baliga, Vasanth Anchan, D Umesh Rai, Madhav Nayak, Prasanna Mallya, Radhakrishna Rai

Dr. Santosh Soans (Contributed USD100/Rs.9500), Alwyn D'Sa(Contributed additional Rs. 5000), Sudarshan Nayak Contributed additional USD100/ Rs.9500 and exceeded \$ 1000 to AF during the year. Dr Sudarshan C M contributed additional Rs. 2000.

Our club has achieved the Platinum Annual Fund Challenge.

Thank u all

Dr Arunkumar Shetty , President.



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Prop: Walter D'Cunha



## HAPPY BIRTHDAY GREETINGS



**Ann Jayashree Yogish**  
22<sup>nd</sup> May



**Rtn Bharath Kateel**  
25<sup>th</sup> May



**Ann Shanthi M Nair**  
25<sup>th</sup> May

**Annet Manjushree U Rai**, 25th May, **Annet Rishali V Anchan**, 25th May

## Happy Wedding Anniversary



**Rtn Raghuvveer Nayak & Ann Aruna**, 20th May



**Rtn Sajith Kottarathe & Ann Dhanya**, 20th May



**Rtn Jayavarma Hegde & Ann Asha** 22nd May



**Rtn Dr Prakash Shetty & Ann Dr Sukanya** 24th May



**Rtn Raghavan & Ann Jayanthi** 25th May



**Rtn Vijay Rao & Ann Chithra Rao** 26th May



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